



harmony community farm



organic local sustainable community agriculture

part of the southern highlands of nsw bioregion

## Introduction to Permaculture Weekend Workshop

The aim of this **two-day workshop** is to get you started in designing your property for sustainable food production and understand a few of the principles around Permaculture. Although the back yard is the main emphasis of this workshop, permaculture strategies apply from balcony to farm.

**At the conclusion of the weekend you will have gained the knowledge to:**

- re-design your yard for increased fruit & vege production using Permaculture principles/strategies
- create no-dig gardens – save your back and soil structure
- retrofit your house for a lower energy future
- understand & apply other soil improvement strategies
- grow a diverse range of food crops to suit our cool temperate region
- create an integrated poultry/orchard system
- re-assess "garden problems" and create appropriate solutions using creative problem solving



**DATE:** 13/14 February, 2010 (9am-5pm Saturday, 8am-3pm Sunday)

**COST:** **\$180p/p includes: Morning/afternoon tea, lunch on both days & breakfast on Sunday morning.** Vegetarian evening meal Saturday (Optional Extra \$10).

**Earlybird Option** book and pay by Monday February 1<sup>st</sup> for a reduced cost of \$165.00.

**Accommodation:** Camping is available on site for no extra cost ( Either bring your own tent or sleep in the Education Centre). Alternatively enquire about other accommodation options at [www.thesouthernhighlands.com.au/southern-highlands-accommodation](http://www.thesouthernhighlands.com.au/southern-highlands-accommodation).



### VENUE:

**HARMONY COMMUNITY FARM,  
Canyonleigh Rd, Canyonleigh**

Approx 15 mins drive from Mittagong & Bowral

A 60-acre organically-certified fruit and vegetable farm and research site run by the local community in the Southern Highlands of NSW



### Facilitators:

**Jill Cockram** is a keen local permaculture advocate and practitioner who has co-taught several Permaculture Design Certificate courses in the Southern Highlands over the previous decade.

**Tim Flaus** is an educator, a graduate of the Permaculture Design Certificate course and, amongst other things, an enthusiastic food gardener.

For further information, please contact:

**Jill Cockram** (02) 4883 4399 evenings or email: [jilleroo53@hotmail.com](mailto:jilleroo53@hotmail.com)

Check out our website at [www.harmonycommunityfarm.com](http://www.harmonycommunityfarm.com)

Bookings Close: 10 FEBRUARY, 2010: The course numbers are limited to 25 people.