



**CANWin**  
for a sustainable future

## E-Bulletin September 2010

Editor: [menteith@bigpond.net.au](mailto:menteith@bigpond.net.au)

For more information see the CANWin website [www.canwin.org.au](http://www.canwin.org.au) .

If you do not want to receive our bi-monthly e-bulletin please advise [gmbyrne@bigpond.net.au](mailto:gmbyrne@bigpond.net.au)

### DIARY DATES

#### Monday 6<sup>th</sup> September, Resilient Hearts Group, 7.30pm

Resilient hearts meets in Henrietta Rose (in front of library), Bendooley Street, Bowral for conversation and sharing about the issues that are on our minds. So much is happening at the moment I'm sure an open space for reflection may be helpful. Anyone and any view is welcome. Contact Francine at [francinebart@gmail.com](mailto:francinebart@gmail.com)

#### Sunday 12<sup>th</sup> September, Sustainable House Day in the Highlands, 9am-3pm

Seven very different sustainable venues open locally – see details below or [www.sustainablehouseday.com](http://www.sustainablehouseday.com)

#### CANWin Committee meeting, Sunday 19<sup>th</sup> September, 4.30-6.30pm

Bowral . Contact Maree 4861 1588. All CANWin members welcome.

#### Friday 24<sup>th</sup> September, CANWin Speaker Night, Council Theatre Moss Vale 7.30pm

Dr John Hewson, our guest speaker, will share his thoughts on the economy of an energy constrained future. Join us for another stimulating evening. (details below)

#### Saturday 2<sup>nd</sup> October, Tulip Time Parade

This year, Tulip Time will celebrate its 50th anniversary. Appropriately, the parade theme will be —golden. CANWin will be there of course, but not necessarily pushing barrows. For more information contact Maree [gmbyrne@bigpond.net.au](mailto:gmbyrne@bigpond.net.au).

#### 9-10<sup>th</sup> October, Gudhara Sanctuary, Nature Wisdom & the journey of self

with Ruth Rosenhek, Director, Rainforest Information Centre

### August was a very busy month for CANWin. Below are but a few of our activities!

- CO-hosting the **well attended Federal Candidates Forum** with Southern Highlands Business Chamber and Bowral Uniting Church which generated good publicity and discussion
- Supporting the new action group **opposing proposed Longwall Coal Mining at Sutton Forest** which was formed following a meeting of over 300 people in last month. To join the group email list contact Peter [pmartin@bigpond.net.au](mailto:pmartin@bigpond.net.au)
- Visit from **100% Renewable Community Campaign for Clean Energy** campaigners Lydia Andrews and Lindsay Soutar from Climate Action Newtown. Check the website <http://www.100percent.org.au>
- **Participating in the Wingecarribee 2031+ Reference Groups** to produce strategies to achieve the goals set by community consultation that will bring into being the vision for our Shire over the next twenty years.



## LOCAL HOMES OPEN THEIR DOORS FOR SUSTAINABLE HOUSE DAY

For the first time CANWin will bring the Sustainable House Day to the Southern Highlands. This nation-wide initiative helps hundred of houses open up their eco-friendly homes and community buildings to showcase them to the public. In its ninth year of operating it is expected to be bigger than ever. This initiative is supported by the Department of Environment, Climate Change and Water.

By coming along to the Sustainable Housing Day on Sunday 12 September from 9am to 3pm, you can find out directly from the owners how sustainable principles have been put into practice. This direct interface also means that visitors can learn from others experience and hopefully go away feeling inspired and confident to incorporate what they've seen into their own lives.

Below are some of what's on offer with more places in the process of registering. For detailed information on each house & directions to get there, visit [www.sustainablehouseday.com](http://www.sustainablehouseday.com) . A gold coin donation is asked for each visit.

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Location	Details
CTC Community Technology Centre Robertson	Thermal retrofitted building: draught proofing doors and windows, insulating the ceiling, insulating the walls and much, much more.
Moss Vale Community Gardens	Brilliant organic gardening advice, a straw bale built shed, a brilliant way to understand the basics and give it a go at your place. So much happening always at MCG.
90 Quigg Fire Trail Penrose	Mud Brick house, 100% off the grid uses its own water and produces its own electricity worth the look
22 Wilkinson St Berrima	Recycling and collecting every drop of water. Black, grey you name it they use it. As well as heaps of other retrofits like solar hot water.

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## CANWin ORGANISERS NEED YOUR HELP!



**On Sustainable House Day** Sunday 12<sup>th</sup> September between 9am and 3pm we need 1 or 2 helpers at most of the sites. Your role would be to collect the donations, register visitors' names and details for insurance purposes and be of practical assistance to the hosts if needed. Would you be able to offer an hour or two as you combine it with participating in the event? If you could the organisers would be very grateful.

The chart below outlines what we need. There are locations on this chart that are not yet on the website because the relevant paper work is being completed, but we anticipate these sites will be on offer on the day.

LOCATION	HELP NEEDED 9am-3pm
<b>Robertson Community Centre</b>	Helen & David Tranter doing 9-3pm.
<b>Moss Vale Community Gardens</b>	Need one helper for the day
<b>90 Quigg Fire Trail Penrose</b>	Ideally 2 people for the day
<b>22 Wilkinson St Berrima</b>	Need one more from 10-1pm
<b>House at Bundanoon</b>	Need 2 people for the day
<b>Peter &amp; Barbara Lach-Newinsky, Bundanoon</b>	Taken care of
<b>Computer Technology Centre, Robertson</b>	Need 1 person for the day

**If you can help contact Claire Burniston ASAP  
on 0431 729 974 or [Claire@freshsolaraustralia.com.au](mailto:Claire@freshsolaraustralia.com.au)**

**Thank you!**



## GROWTH OR 'STEADY STATE'



**Dr John Hewson**  
Economist

*Dr Hewson is a recognised economic and financial expert with experience in academia, business, government, media and the financial system.*

**Dr Hewson will share his thoughts on the economy of an energy constrained future**

Friday, 24<sup>th</sup>

September 2010

7.30pm

Wingecarribee

Council

Theatrette

Moss Vale

### He will touch on the following:

- **Common Sense in the political process – the flow on from Copenhagen**
- **Price on Carbon**
- **The viability of 'Sequestering Carbon'**
- **Energy evolution from coal - gas – renewables**
- **Transitioning to a positive (low carbon) growth economy**



**Light refreshments to follow presentation:**

- **\$5 non-members**
- **gold coin members**

[www.canwin.org.au](http://www.canwin.org.au)



## Nature Wisdom & the journey of the self

### a deep ecology weekend ~ 9-10 october 2010

**With Nature as our Teacher, we will journey through personal and ecological landscapes as we explore our connection with Nature and each other with a special emphasis on Self Renewal... using Deep Ecology processes, sharing circles, meditation and creative expression.**

Deep Ecology invites us to experience ourselves as part of the living earth – rather than separate from it – and supports us to follow our visions and inspirations courageously and easefully.

Through experiential exercises, sharing, music and creative expression, the workshop will offer two parallel streams:

*Planet and Self* in which we remember our interconnectedness with all beings, dissolve the obstructions between person and planet, and find empowerment as agents of healing change.

and

*Self Renewal* - we identify the challenges and growth edges that we are facing in our personal lives and discover insight, direction, and clarity through Nature Wisdom work as well as the support of the circle.

Outcomes include:

- A redefined connection between yourself and Nature
- Ability to use nature to assist in our spiritual transformation
- A clearer sense of your personal role in the current ecological challenges of our planet
- Personal empowerment from being in a supportive gathering

#### **Facilitator**

Ruth Rosenhek is an international environmental justice activist, educator, filmmaker, deep ecologist and Director of the Rainforest Information Centre in Lismore. Ruth has been teaching and facilitating Deep Ecology seminars including the Council of All Beings in Australia, Canada, USA, New Zealand, South Africa, Eastern and Western Europe for over 12 years and has written numerous magazine and web articles on the topic.

For more information see [www.gudhara.org.au](http://www.gudhara.org.au) or phone 02 4884 4467 Monday to Friday 9am to 5pm.

## LOCAL FOOD GROWERS - Large AND Small

If your produce is available locally – via farmgate, market or retail outlet – we want to hear from you.



CANWin's Transition Shire Wingecarribee has received seed-funding from Wingecarribee Shire Council to carry out a survey of locally grown and produced food that is available either at farmgate, local markets or other local retail outlets. This is a collaborative project with Slow Food Southern Highlands and Harmony Community Farm Inc. that is being developed in consultation with Wingecarribee Shire Council.

Tourism Southern Highlands is also supporting the project, as it is anticipated that the mapping of local food outlets will provide the basis for developing a 'Southern Highlands Harvest' Food Trail map and directory.

There is no cost to register for the 'Southern Highlands Harvest' and the benefits are many.

Tap into the growing market for local and regional food by making it easier for locals and visitors alike to locate your produce.

Increase direct sales of your produce from farm or retail outlets  
Build collaborative networks for value-adding and diversification  
Assist in developing & marketing of agritourism in the Shire

For more information telephone Sandra on 4883 7687 or 0403 790777, or email [menteith@bigpond.net.au](mailto:menteith@bigpond.net.au)



## CESH



Community Exchange  
Southern Highlands

**Need help with your computer?**  
**Need help doing your grocery shopping?**  
**Want to know how to make soap?**  
**Need a hand in the garden?**

All of these services and more are on offer now at Community Exchange Southern Highlands. **CESH** is a LETSsystem, which helps local people trade goods and services with one another. It promotes local employment by using the community's true wealth — the skills and energy of its people.

Anybody in the Southern Highlands can join and being a member is easy and full of opportunities. Transactions are conducted using the local currency, Gibs, which you can spend before you earn. It sounds crazy, but it works.

Check out which members are offering the goods and services that you need, contact them and away you go! Go to [www.cesh.org.au](http://www.cesh.org.au) for more information (including ideas on what you can offer) or to join.