

Editor: toni.mclean@aapt.net.au

For more information on CANWin, go to: www.canwin.org.au

If you do not want to receive our e-bulletin, please advise phizwalker@optusnet.com.au

FOR YOUR DIARY

CANWin Committee Meeting

Sunday, 22nd January, 4.00-6.00pm. Kazcare, Centennial Rd, Bowral.

Members interested in being part of CANWin's future through the new [working groups](#) are particularly invited to attend. [more...](#)

Resilient Hearts Group

Recommencing Monday 6th February, 2012. 7.30-9pm. Henrietta Rose Room, in front of the Library, Bowral.

For reflection and thoughtful conversation. [more ...](#)

Permaculture Design Certificate Course - a 38 week program

Commencing Tuesday 7th February, 7-9.30pm. At the Old Principal's Residence at Berrima Public School.

If you want to become proficient in the art and science of permaculture, read on ... [more...](#)

'Power of Community'

- a fund-raising film screening for the Bundanoon Community Garden

Tuesday, 28th February, 6pm for 6.30 start. Empire Cinema, Bowral. [more ...](#)

Bread Making Workshop by the Moss Vale Community Garden

February – date and time to be confirmed.

Contact Jill Cockram on 4883 4399 for more information.

Southern Highlands Harvest at the Local Food and Wine Festival

3 - 4 March 2012. Bong Bong Picnic Racecourse, Kangaloon Rd, Bowral. [more ...](#)

CANWin Annual General Meeting and Film Showing

Sunday 4th March, time to be advised. Kazcare, Centennial Road, Bowral. [more ...](#)

'A Clean Energy Future for Wingecarribee' Working Groups

Working groups convening early in 2012.

The working groups decided on at the workshop to implement CANWin's action plan are setting up now. Please click here to have a [look](#) and register your support.

Not already a member of CANWin ... or maybe you are and you know someone else who would like to join?

2011 has been a very successful year for CANWin, including talks, forum and film evenings, and culminating in our Clean Energy Workshop in November – and there are more projects for 2012 to help our local region move to a more sustainable way of life.

If you or someone you know would like to support CANWin, then please consider joining. Simply print out and complete the attached form and mail back to the Secretary.

MORE ON THE UPCOMING EVENTS

Permaculture Design Certificate Course - a 38 week course

Commencing Tuesday 7th February, 7-9.30pm. At the Old Principal's Residence at Berrima Public School.

Course Outline:

The course will cover the background knowledge, design skills and practical techniques of the Permaculture Institute's 72-hour Permaculture Design Certificate Course. This PDC course will run over a full year, giving participants plenty of time to absorb the concepts, develop designs, and relate the ideas to the real world.

Designs will be developed to cover the range of situations a designer might meet, including backyard town/urban/suburban blocks, larger semi-rural acreage, broadacre farm design, and community planning. Assessment is based on presented group and individual designs.

Participants can gain:

- design skills to PDC level
- useful information and skills for living in a cool climate
- contact with others who share a Permaculture philosophy.



Course Presenters: David Johnson, Debbie Hebbard, Jill Cockram (pictured above), and Tim Flaus, plus guest lecturers and resource people.

The course involves one night per week during school terms and several trips to develop on-site design skills.

The 38 week course covers:

- Principles and Ethics of Permaculture
- The Cultivated Ecology
- Designing Productive Landscapes
- Sustainability and Productivity
- Permaculture in Social Context
- Practical Organic Gardening Techniques.

For more information and an application form, call David 4884 4214 or Jill 4883 4399.

Class size is limited to a maximum of 18, to ensure individual attention.

Please ring to secure your place before sending a deposit.

Please apply by **Friday 20th Jan**. Late applications may be considered if numbers permit.

Resilient Hearts Group

Recommencing Monday 6th February, 2012. 7.30-9pm. Henrietta Rose Room, in front of the Library, Bowral.

An open space for reflection and conversation ... unique and inspiring. Contact Francine at francinebart@gmail.com for more information and to let Francine know if you want to be on the emailing list.

Power of Community - a film screening

Empire Cinema, Bowral. 28th February 6pm for 6.30 start.

This film is one of the Catch the Health Bug film series and funds raised from the evening will go to support the Bundanoon Community Garden. Contact Frank on 0413 344 955, Joan on 0417 819 428, or email joanandfrancisco@gmail.com for your tickets.



Southern Highlands Community Health Film Seminar

"Catch the Health Bug" Monthly Series

1 hr screening + 1hr discussion with MC
Guest Speaker + Lucky door prizes

NEW EMPIRE CINEMA
327 Bong Bong St BOWRAL

Join us on Facebook
Southern Highlands Community Health Film Seminar

ABN 74 337531472
Claim Your Seat To Health!
To benefit the Bundanoon Community Garden

RSVP to Reserve Now
\$12 Pre book
\$17 at door

CBA ACCT NAME: ALEGRIA
BSB 062 511 ACCT 1025 3996

Tuesday
28 February 2012
@ 6pm for 6:30pm start
Let thy Food be thy Medicine and
thy Medicine be thy Food - Hippocrates

POWER OF COMMUNITY
HOW CUBA SURVIVED PEAK OIL

Frank 0413 344 955 Joan 0417 819 428
email: joanandfrancisco@gmail.com

CANWin Annual General Meeting and Film Showing

Sunday 4th March, time to be advised. Kazcare, Centennial Road, Bowral.

If you want to help make a change in our community, then come along to the Annual General Meeting and let us know how you can help make a difference.

Stay for refreshments and a stimulating film on environmental and sustainability initiatives – see what can be done!

Southern Highlands Harvest at the Local Food and Wine Festival

3 - 4 March 2012. Bong Bong Picnic Racecourse, Kangaloon Rd, Bowral.

Come and enjoy this fabulous two day festival to be held at the **Bong Bong Picnic Racecourse** to celebrate award winning food and wine.

Listen to live music whilst savouring local food and sampling great wines by the glass.

Be inspired by cooking demonstrations and a program of **talks about growing food, community gardens** etc put on by Southern Highlands Harvest.

Take home the **region's best produce**.

Enjoy the family fair and over 100 market stalls, it's sure to be a fun day out for everyone!

Entry is \$10 per adult, kids under 15 free. For bookings and more information visit:

www.australianhighlandswineshow.com.au

About Southern Highlands Harvest:

Southern Highlands Harvest is a collaborative project of CANWin's Transition Shire team, Slow Food Southern Highlands and Harmony Community Farm, supported by Tourism Southern Highlands and seed-funded by Wingecarribee Shire Council.



SHH fosters interest in locally produced food, not just for the nutritional and taste benefits, but also to help strengthen local communities and reduce food miles.

ALL farmers, markets, farmgate sellers, locals and visitors alike now have the opportunity to learn more about how their food is produced and to build relationships with those who grow that food.

Stage One of this project is now up and running, with more than 30 farmers, growers and distributors registered and showcased on the Southern Highlands Harvest Food Trail Map.

You can get a free copy of the Harvest Providores map at Council or from the Southern Highlands Tourism website on the [Food and Wine page](#), or just click on the logo above.

New producers are encouraged to register so we can help spread the word about their products. For more information or to get a registration form: contact Jill Dyson (jill@foodpath.com.au) or Sandra Menteith (menteith.sandra@bigpond.net.au)

CANWin INITIATIVES

Wingecarribee Sustainability Hub: supporting sustainability and clean energy [more ...](#)

Alternative Energy Project: for clean, efficient energy for Wingecarribee [more ...](#)

Transition Shire Wingecarribee: a grass roots initiative to foster sustainability [more ...](#)

Southern Highlands Harvest: promoting local food producers [more ...](#)

Fruit Rescue Southern Highlands for Growers and Pickers (FRéSH): [more ...](#)

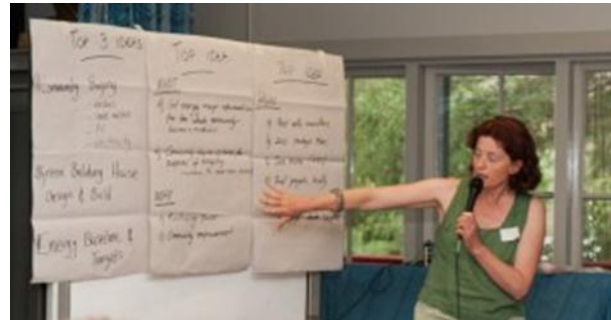
Community Exchange Southern Highlands [more ...](#)

Clean Energy Future Workshop – Bowral – 20th November, 2012

Participants at CANWin's workshop, *A Clean Energy Future for Wingecarribee*, wanted more than interesting, or even challenging, talk. The focus was on what we can do – here and now – to make our shire greener.

The four featured speakers:

- Journalist, **Paddy Manning**
- 'Green' technology expert, **Craig Memery**, from the Alternative Technology Association
- Young Environmentalist of the Year and founder of Beyond Zero Emissions, **Matthew Wright**, and
- Professor **John Martin**, from LaTrobe University and a leader in the field of developing sustainable communities,



Outlining an action plan during the plenary session

gave an eye-opening overview of the urgency, options, challenges and successes of clean energy generation in regional Australia. You can find this exciting story in the [Workshop Proceedings](#), which are now [available for download](#) (PDF 3Mb).

In addition, Matthew Wright has made the slides of his [presentation](#) available as a PDF (7Mb).

Workshop participants identified five initial tasks, which will each be tackled by one of the new working groups which are now forming, ready to convene in the new year. You can be part of the action by joining a working group. The groups and their initial terms of reference are:

Renewable Energy

Investigate and evaluate the technical feasibility of the various renewable energy options identified at the workshop.

Energy Efficiency/Saving

Evaluate the performance and track record of various energy efficiency appliances/technologies and materials that are currently available in the marketplace.

Bulk Buying Potential

Make a cost-benefit analysis of the potential for an economically sustainable, community, bulk-buying enterprise.

Information Hub

Provide the CANWin website Editor/Moderator with clean energy information and case histories that would advance the aim of a 'Clean Energy Future for Wingecarribee'.

Community Engagement

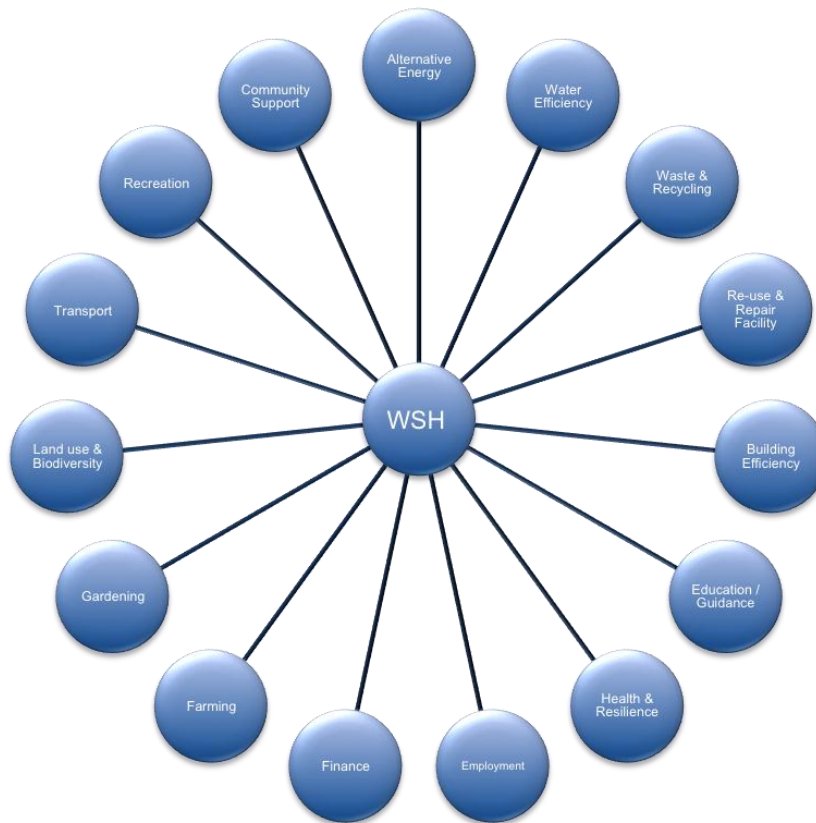
Describe/outline the various clean energy options identified at the Workshop to local Community, Business and Council, and find out which each sector would support. Further, to establish a means for the local community to become aware of, and respond to, opportunities to save energy and be more efficient with use of its energy supplies.

Please consider joining one or more of the working groups of your choice, either by filling in the online form at the [CANWin website](#) or by email to canwinergy@gmail.com.

You can help transform problems into challenges and challenges into opportunities.

CANWin INITIATIVES

Wingecarribee Sustainability Hub (WSH)



In September 2010 CANWin formed a project group to investigate opportunities for enhancing sustainability and alternative energy in the Highlands – a **Sustainability Hub**. Members include volunteers with management, business, accountancy, engineering and scientific expertise. Their initial priorities are renewable energy, energy efficiency and community engagement.

The diagram illustrates the multitude of community-related interest groups and activities in Wingecarribee that the Hub could support, draw from, and connect.

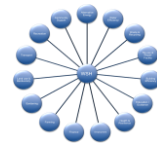
The project group has held several meetings with representatives from community, government and consultancies to discuss the feasibility of alternative energy and other sustainability elements, such as energy efficiency.

Sustainability Hub Site

We are also seeking a suitable operational site for the Project. There are a number of possibilities and we are presently researching options.

Project Sustainability

CANWin is applying for funding through government avenues being set up to support initiatives which will facilitate a transition to a cleaner, greener Australia.



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We believe that this project needs to become financially sustainable to ensure its continuity when seed grants expire. To that end, we are examining ways to generate continuing income. You can see from the diagram that many of the Hub's spokes have potential to generate revenue for the Hub as well as for themselves.

Membership

We propose to manage membership of the Hub on a co-operative or not-for-profit community association basis, which might involve annual membership fees, shares and/or fee for service payments. Funding and management options will be included in the initial feasibility study to be refined on determination of feasibility and scope for the Hub.

We believe that the Wingecarribee Sustainability Hub has the potential to:

- lead our Shire to a "clean energy future"
- provide significant opportunities for "Green Jobs", and
- promote a healthy and resilient 'sustainable' community

Interested? Send an email enquiry to canwinergy@gmail.com

CANWin Alternative Energy Project

The CANWin Alternative Energy Project is an early outcome of the Sustainability Hub meetings and may become the first spoke in the CANWIN Sustainability Hub wheel.

It is guided by a report on wind energy compiled by the Southern Councils Group in 2009. The project group also drew on the experience of the Hepburn Wind Project in Victoria and various community led sustainability action projects that have emerged nationally and internationally. Four important factors have become evident:

- Engaging the community early in an informed manner about energy options is critical.
- Lead time to commission an alternative community energy facility could be 4-5 years.
- The Southern Highlands clearly has wind resources, but other forms of alternative energy must also be considered.
- A pre-requisite for success is community ownership of the project.

Feasibility

The community alternative energy project should begin with a comprehensive feasibility study determining financial viability and community support. Resourcing such feasibilities is beyond the scope of CANWin, but we made a start with the Clean Energy Futures Workshop on 20 November. To download the Proceedings of the workshop, [click here](#).

Working Groups Arising from the Workshop

- Renewable Energy
- Energy Efficiency/Saving
- Bulk Buying Potential
- Information Hub
- Community Engagement

Please consider joining one or more of the working groups of your choice, either by filling in the form at the [CANWin website](#) or by email to canwinergy@gmail.com.

Transition Shire Wingecarribee

CANWin's Transition Shire Wingecarribee (TSW) is a grass-roots initiative that encourages all members of our local community to think about how we can create a sustainable future together.

Transition refers to the process of becoming more resilient.

The Transition movement became an election issue in Wingecarribee during the 2008 council elections, as it became apparent that the community will need to be more self-reliant.

Rising energy costs and increasing competition for water and resources will eventually require local production of food, energy and many goods and services.

For more information, go to: <http://canwin.org.au/entry/initiatives/transition-shire/>

Fruit Rescue Southern Highlands for Growers and Pickers (FReSH):

Some people have fruiting trees and vines that they can't harvest. Some people are available to pick the fruit. Fruit Rescue Southern Highlands (FReSH) brings those people together.

You can register as a grower or as a picker on the CANWin web site:

<http://canwin.org.au/entry/initiatives/fruit-rescue/>

When fruit is ready to be harvested, pickers will be contacted, a time arranged and picking and merriment will follow. Once the job is done, 2/3 of the fruit will be divided among the pickers. The remaining third will remain with the grower.

It's early days for FReSH, so we shall see how it evolves. There is, of course, much scope for preserving parties/workshops and perhaps even a pruning service.

For more information, go to: <http://canwin.org.au/entry/initiatives/fruit-rescue/>

Community Exchange Southern Highlands

The newly-launched [Community Exchange Southern Highlands](#) is a LET System. It allows members to trade with one another using a local currency (Gibs) instead of Australian dollars.

Why is this a good idea? Even if you don't have a lot of money available, we all have goods and services that we would like to receive – and those that we can give. Now we can trade without the restriction of earning dollars first.

It's also a useful way to extend your friendship circle.

You have friends with whom you quietly exchange favours all the time, but do you have a friend who will look after your kids, perform a marriage ceremony, edit your documents or teach you how to make soap? If not, CESH is the just the thing.



**Community Exchange
Southern Highlands**