



CANWin E-Bulletin July 2010

for a sustainable future

Editor: menteith@bigpond.net.au

For more information see the CANWin website www.canwin.org.au .

If you do not want to receive our bi-monthly e-bulletin please advise gmbyrne@bigpond.net.au

DIARY DATES

1-7th July, FOOD INC (PG) 1hr 35min, showing at Empire Cinema, 7.45pm

How much do we really know about the food we buy at our local supermarkets and serve to our families?

2nd & 3rd July: 2031+ Forum sponsored by Wingecarribee Shire Council.

Six CANWin Committee members have registered for this important forum and workshop, which will set the foundation for our Shire's future through to 2031. No doubt other CANWin members and members of like-minded groups have also registered. Together, we hope to ensure that principles such as action on climate change, protection of our environment, building a resilient and sustainable and just community, will form the basis of all decisions.

Monday 5th July, Resilient Hearts Group,

Resilient hearts meets in Henrietta Rose (in front of library), Bendooley Street, Bowral for conversation and sharing about the issues that are on our minds. So much is happening at the moment I'm sure an open space for reflection may be helpful. Anyone and any view is welcome. Contact Francine at francinebart@gmail.com

Tuesday 6th July, Bundy on Tap – 1 year on, Community Celebration 6.30pm,

The Bundanoon community gathers in the Memorial Hall to celebrate the anniversary of the village vote to become Australia's first bottled water free town

CANWin Committee meeting, Sunday 18th July, 4.30-6.30pm

Bowral . Contact Maree 4861 1588. All CANWin members welcome.

Friday 23rd July , CANWin Speaker Night, Council Theatrette, Moss Vale

Dave Burgess, Total Environment Centre will speak about the Southern coalfields, longwall mining and local impacts– specifically water. He will also discuss the local steel industry and how coal mining is set to expand in our region. See below or CANWin website for details www.canwin.org.au

Friday 13th August, Moss Vale Public School Science Fair

Annabel Brown has volunteered to lead an activity on behalf of CANWin. She'd love some assistance! Please contact Annabel on Annabel.L.Brown@student.uts.edu.au

12th September, Sustainable Homes Day

Seeking a few more sustainable homes for this event – details below.

9-10th October, Gudhara Sanctuary, Nature Wisdom & the journey of self

with Ruth Rosenhek, Director, Rainforest Information Centre

From the Convenor: WHAT DOES CANWin ACTUALLY DO?



Unfortunately, that's quite a common question I am asked, even amongst our supporters. It's obvious we're not getting our message out to the public as well as we might.

We're *actually* trying very hard to let people know what we're on about. Obviously we're not perfect, so if anyone has some advice, please feel free to contact me.

Environment Day Stall

We put together an attractive new display for the Council sponsored Environment Day stall held at Mittagong Marketplace last month. The display successfully attracted people to its large colourful photos of many of our recent activities, and encouraged the visitor to quickly read the major goals we are trying to achieve:

- *Creative awareness raising* (picture of Tulip Parade)
- *Empowering youth* (picture of "pledge board" on Australia Day)
- *Lobbying on Climate Action* (picture of CANWin members at Parliament House)
- *Educating* through Quarterly speaker nights (recent fliers)
- *Encouraging* local food production (100-mile map)
- *Supporting* renewable energy (community solar project article)
- *Visioning* a low-carbon future (picture of large solar plant in Spain)
- *Inspiring* local resilience (picture of local family with PV inverter)
- *Promoting* local currency (supporting CESH initiative)

And the pictures only tell part of the story. Obviously there are many more examples of how CANWin is *acting* (notice all those doing words above) locally to help build a more aware and resilient community in the face of climate change.

I'd like to add *communicating* to the list above, because I think a major service we provide to the community is to network amongst the many small groups and individuals who all form part of this Movement towards a sustainable future. If someone asks you how to keep informed of local action on climate change or sustainability or transition, the first pointer is to get on the CANWin email list! And when we have a CANWin stall, I'm pleased to report that around 80-90% of the people who come and look, happily join our list.

PRIORITIES FOR 2010-1011

The management committee have been seriously working on prioritising our activities for the next twelve months. Its so easy to simply respond to whatever request or event which happens to present itself! And much harder to explore projects which may prove more effective, but require more effort over a longer timeframe.

Committee member, Alison Parr, led the committee through a visioning session, we brainstormed a stack of actions and found some common themes among them. The themes included Education, Food, Energy, Transport, Economy, Lobbying/Politics, Supporting Ourselves, CANWin Strategy and Community Focus. The actions were placed under the themes and then prioritised. The following are the High Priority actions we are going to focus on in the next year:

- **Education:** Speaker Nights, Transition Training, Sustainable House Day, and run the "In Transition" movie with pot-luck dinner in Bowral and Robertson
- **Food:** Develop local food/produce directory
- **Energy:** Support local solar and wind projects through Future Ready Power
- **Economy:** Develop community skills network; Support CESH local trading scheme; Raise awareness of local industry/produce
- **Lobbying/Politics:** Input into WSC 2031+; Increase turnout at Federal Election Candidate's Forum
- **CANWin Strategy:** Develop an agreed inspiring strategic plan, set realistic targets; Communicate through bi-monthly Newsletter/TSN
- **Support Ourselves:** Celebrate our achievements – Earth Hour dinner and Walk Against Warming.

And lastly, a longer-term important objective:

- **Community Focus:** Become a reference point for advice and help and if any CANWin members or supporters would like to become involved in any of the above projects, your input would be greatly appreciated. The last objective really requires a separate working group. If anyone would like to explore the vision of how CANWin (maybe in cooperation with other like-minded groups) could achieve this aim, please phone me to discuss on 4861 1588.



Maree Byrne
Convenor, CANWin

Food Inc

Showing at the Empire Cinema 1-7th July, 7.45pm



How much do we really know about the food we buy at our local supermarkets and serve to our families?

You are what you eat. It is a simple expression that bears scary implications as you Food, Inc. Director Robert Kenner draws

upon the searing reportage of authors Eric Schlosser (Fast Food Nation) and Michael Pollan (The Omnivore's Dilemma) to explore how modern developments in food production pose grave risks to our health and environment. These writers aren't radicals or even vegetarians (Schlosser admits that his favourite meal is a hamburger and fries), but they are crusaders when it comes to exposing problems and naming offenders. There are stories of heartbreak and outrage, but the film carefully channels these emotions towards opportunities for activism.

CESH



**Community Exchange
Southern Highlands**

**Need help with your computer?
Need help doing your grocery shopping?
Want to know how to make soap?
Need a hand in the garden?**

All of these services and more are on offer now at Community Exchange Southern Highlands. **CESH** is a LETSsystem, which helps local people trade goods and services with one another. It promotes local employment by using the community's true wealth — the skills and energy of its people.

Anybody in the Southern Highlands can join and being a member is easy and full of opportunities. Transactions are conducted using the local currency, Gibs, which you can spend before you earn. It sounds crazy, but it works.

Check out which members are offering the goods and services that you need, contact them and away you go! Go to www.cesh.org.au for more information (including ideas on what you can offer) or to join.



CANWin
for a sustainable future

Quarterly Lecture Series

Secret Power Business

David Burgess

Natural Areas Campaigner
Total Environment Centre – Sydney



Dave will talk about the Southern Coalfields, longwall mining and local impacts - specifically water. He will also discuss the local steel industry and how coal mining is set to expand in our region.

Friday, 23rd July

2010

7.30pm

Wingecarribee

Council

Theatrette

David Burgess has been active in the NSW conservation movement for 20 years - you may also recognise some of his work atop the Sydney Opera House?



Light refreshments to follow presentation:

- **\$5 non-members**
- **gold coin members**

www.canwin.org.au

He had heavy involvement in the logging disputes on both the south & north coasts of NSW which eventually saw the creation of over a million hectares of new national parks.

Sustainable House Day is on in the Southern Highlands!

Would you like to visit a sustainable house in your neighbourhood—to find out more about reducing waste around the home, saving water, natural home heating and cooling, passive solar design, photovoltaics ... and more?

Sustainable House Day is a nation-wide initiative, where people open up their eco-friendly homes to showcase them to the public. By coming along to the Sustainable House Day on 12 September, you can find out directly from home owners who've put sustainable living into practice.

CANWin are partnering with the organisers of Sustainable House Day to promote the day and get some local homes available for people to visit. We need some homes open on the day to make it a success! The hours are flexible (eg if you can only do it in the morning, that is fine!) and we will aim to have a CANWin representative at each house to help out, if needed.

So, if your home has some sustainable features that you would like to show to others, please call Claire Burniston on 0431 729 974 or claire@freshsolaraustralia.com.au or Alison Parr on 4884 4467 or ali_parr@yahoo.com to register your home.

For more information about Sustainable House Day, see www.sustainablehouseday.com

SOME GOOD READING...

Solar, wind power may meet 2020 energy use

<http://www.smh.com.au/environment/energy-smart/solar-wind-power-may-meet-2020-energy-use-20100621-ysdt.html>

Tom Arup, June 22, 2010, Sydney Morning Herald

A MASSIVE introduction of solar-thermal power plants and wind farms would allow Australia to generate all its energy needs from renewable technologies by 2020, research shows.

When politicians fail, people do it for themselves

<http://www.theage.com.au/opinion/politics/when-politicians-fail-people-do-it-for-themselves-20100612-y4m9.html>

Kathryn McCallum, The Age, 13 June 2010

As legislation falters and programs end, the community is stepping up.



Nature Wisdom & the journey of the self

a deep ecology weekend ~ 9-10 october 2010

With Nature as our Teacher, we will journey through personal and ecological landscapes as we explore our connection with Nature and each other with a special emphasis on Self Renewal... using Deep Ecology processes, sharing circles, meditation and creative expression.

Deep Ecology invites us to experience ourselves as part of the living earth – rather than separate from it – and supports us to follow our visions and inspirations courageously and easefully.

Through experiential exercises, sharing, music and creative expression, the workshop will offer two parallel streams:

Planet and Self in which we remember our interconnectedness with all beings, dissolve the obstructions between person and planet, and find empowerment as agents of healing change.

and

Self Renewal - we identify the challenges and growth edges that we are facing in our personal lives and discover insight, direction, and clarity through Nature Wisdom work as well as the support of the circle.

Outcomes include:

- A redefined connection between yourself and Nature
- Ability to use nature to assist in our spiritual transformation
- A clearer sense of your personal role in the current ecological challenges of our planet
- Personal empowerment from being in a supportive gathering

Facilitator

Ruth Rosenhek is an international environmental justice activist, educator, filmmaker, deep ecologist and Director of the Rainforest Information Centre in Lismore. Ruth has been teaching and facilitating Deep Ecology seminars including the Council of All Beings in Australia, Canada, USA, New Zealand, South Africa, Eastern and Western Europe for over 12 years and has written numerous magazine and web articles on the topic.

For more information see www.gudhara.org.au or phone 02 4884 4467 Monday to Friday 9am to 5pm.